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Superfood Chocolate Bark

This holiday treat is easy to make and fun for the whole family. Kids can get involved by sprinkling the toppings onto the bark. Wrap it in fancy packaging and share it with family and friends as a holiday party favour.

INGREDIENTS

2 cups (500mL) dark chocolate chips
¼ cup (60mL) goji berries
¼ cup (60mL) pistachios
¼ cup (60mL) shredded coconut
¼ cup (60mL) slivered almonds
1 tsp (5mL) sea salt

DIRECTIONS

Using a double boiler method, melt all but 1/4 chocolate chips while stirring often. Keep stirring until the chocolate is smooth. Once finished, add the remaining room temperature chocolate chips and keep stirring. Spread chocolate evenly on to a baking sheet lined with parchment paper. Sprinkle remaining ingredients onto the chocolate and press them down gently. Stick chocolate into the freezer to firm back up (about 1 hour). Break into squares and enjoy!

Nutrition Info: Not available

Source: <http://mywholefoodlife.com/2013/12/08/superfood-chocolate-bark/#cwcRCv4fm9sDVBhY.99>