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Ice Cream Day

Thank you for joining us to celebrate the coming of summer during Ice Cream Days on June 16 and 17. It was great to see our tenants at the front of 18 York and 120 Bremner under sunny and warm blue skies while enjoying an ice cream treat!



Tim Hortons & freshii Updates

We hope you were as excited as we were to welcome Tim Horton's to /SFC in the PATH! With the Eatery in full swing and la prep and iQ Food Co. at 18 York, there are now plenty of tasty options for tenants to enjoy any time of the day. Don't forget, we still have freshii opening soon.



/SFC Fitness Club Update

Check out what's happening in the /SFC Fitness Club!

Personalized Programs

- Did you know that when you join a fitness assessment and personalized program is included in your membership?
- Meet with our experts to get a workout program that will get you results!

Healthy Recipes

- The /SFC Fitness Club puts out different healthy recipes every month.
- This month, learn how to make your own nut butter and nut bark.
- Go to southcore.ca/fitness/monthly-wellness-resources to check it out.

One Week Free Trials!

- Curious to try us out? Email us at sfcinfo@trifit.com to start your one week free today!

Flair Cleaners Profile

Flair Cleaners offers a complete range of dry-cleaning services. Their services include everything from laundered shirts, to alternations and tailoring to leather and outerwear cleaning. They can also look after your linens and drapery cleaning along with hand bag and shoe cleaning.

Conveniently located on the 2nd floor of PATH in 18 York, their hours are Monday to Friday, 8 am to 7 pm.



Did you know...

We have an electronic waste centre with pickup service from your office floor that will retrieve:

- batteries
- television sets
- handheld devices
- computers including monitors and CPUs
- printer cartridges

For pick-up service contact Tenant Services via email



Upcoming Events

Waste Reduction Week

October 20 - watch out for more details.