



# Energy Conservation & Efficiency Tips

## LIGHTING

Here are a few ideas for reducing our electricity use at home and work through smart lighting decisions:

### SWITCH OFF!

1. The best way to conserve is to eliminate need: switch off lights at home and work in empty rooms
2. Task lighting is helpful once the sun sets. Remember to switch it off when leaving your desk for a meeting or to go home
3. Ask for a lighting schedule review: tenants are invited to call Tenant Services and request a lighting schedule review to ensure lights are switched on or off at optimal times



### SWITCH TO SMART

1. Changing fixtures and bulbs at home and work from incandescent to LEDs will save energy and money. It will also decrease the overall amount of bulbs that need to be changed over a given period of time helping you reduce waste
2. If you suspect a motion sensor is not working as it should, report it to your office facility manager
3. Install daylight sensors to turn off or dim lighting when natural daylighting provides adequate illumination. These are typically placed within 15 feet of windows and under skylights\*
4. Take advantage of SaveOnEnergy coupons to save on energy efficient light bulbs and fixtures. There are also savings on programmable light sensors and other smart tools for home or office. Visit: [saveonenergy.ca](http://saveonenergy.ca)

### MORE INFORMATION

- Phone: 416.364.0758
- Email: [sfc-sustainability@quadreal.com](mailto:sfc-sustainability@quadreal.com)

### Did you know?

LEDs last up to 25 times longer than incandescent light bulbs, which save both energy and money\*\*

\* Source: WWF-Canada: Energy Savings at Work, to learn more [click here](#)

\*\* SaveOnEnergy: Benefits, to learn more [click here](#)

Suggested tips have been reworded from their original content by the US EPA's Battle of the Buildings Activity Kits. Learn more, [click here](#)