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## /SFC Ribbon Cutting

On a chilly Tuesday afternoon in February tenants, select brokers and other invited guests attended the Ribbon Cutting event for /SFC. Guests toasted the opening of our complex in the 120 Bremner lobby and were treated to bubbly and cake to commemorate the opening.



## /SFC Eatery

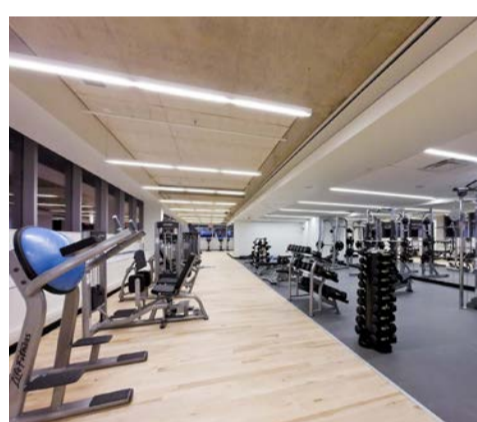
/SFC Eatery and the PATH are now even more mouth-watering!! With the grand opening on April 30, we officially welcomed Starbucks, Sushi Shop, Thai Express, Buster's Sea Cove and z-teca Gourmet Burritos to the /SFC Eatery.

Tenants celebrated the opening and were treated to free samplings and other fun entertainment - including 416Beats who made sure everyone hit the right beats during lunch time. Special thank you to all our food retailers who generously provided free samples to our tenants during the opening event.

Still a few more food favourites to open including Tim Hortons and freshii on the 2<sup>nd</sup> floor of the PATH hallway. Stay tuned for more details.



## /SFC Fitness Club



### Check out what's happening at the /SFC Fitness Club:

In addition to personal training, we also offer wellness services including massages with a registered massage therapist on Thursdays from 11 am to 3 pm. 30, 45 and 60 minute sessions are available, as is direct billing to your benefits provider. For more information, contact [sfcinfo@trifit.com](mailto:sfcinfo@trifit.com).

A variety of classes to suit everyone are also included in your membership! Classes offered include Spin, Yoga, Zumba, Bootcamp, Total Body Sculpt and #InstaABS. For our full schedule click [here](#).

Always wanted to learn how to run, but didn't know where to start? Join us for our run group Thursdays at 12:15pm, we will help you go from 0-5 km.

Interested in joining the club? Contact [sfcinfo@trifit.com](mailto:sfcinfo@trifit.com) for a 1 week free trial!\*



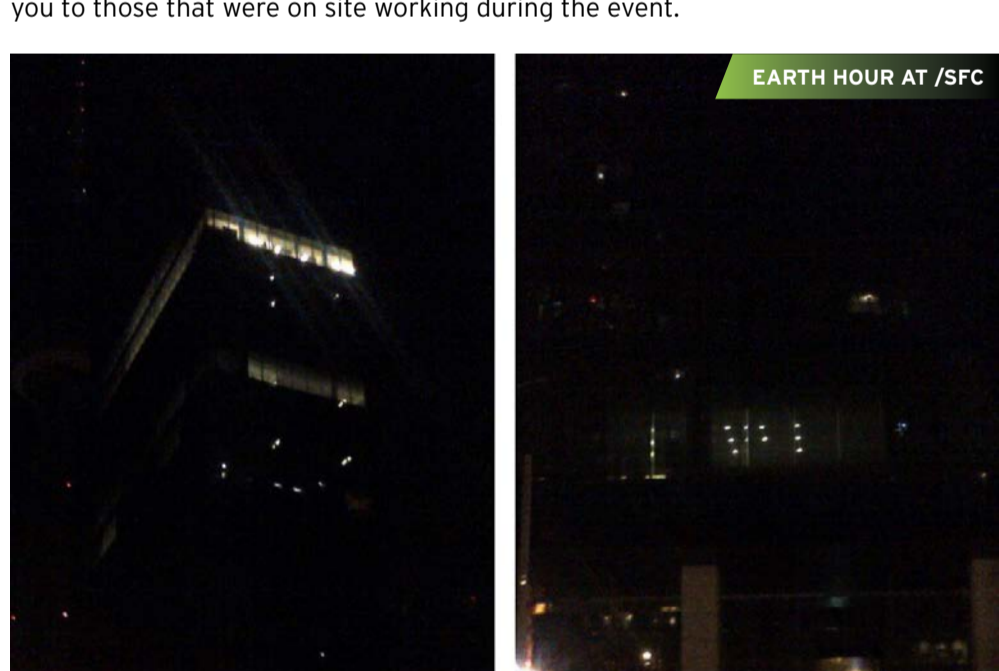
\* Must be occupant/tenant working in either 18 York or 120 Bremner to qualify. All programs are for /SFC Fitness Club members only.

## Sustainability/Environmental

### Earth Hour

Earth Hour was observed on Saturday, March 28 from 8:30 to 9:30 pm. This year we achieved a 19% savings versus a typical Saturday.

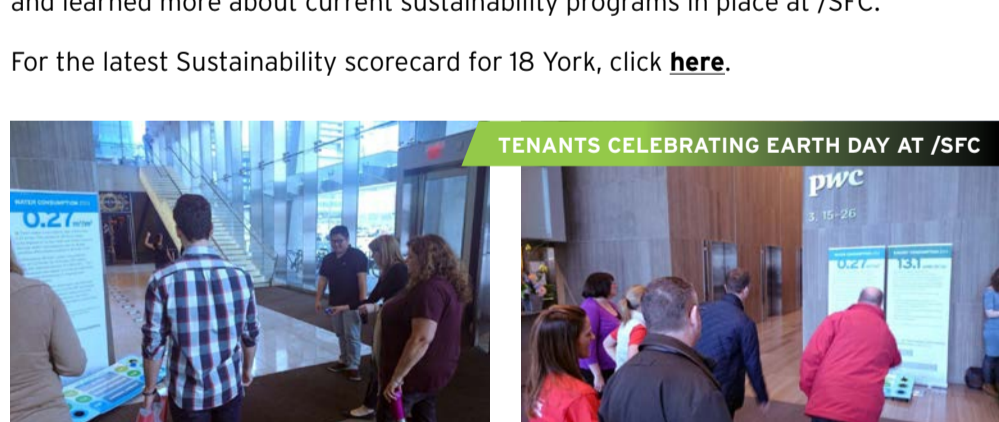
We appreciate our tenants' on-going efforts and patience - with a special thank you to those that were on site working during the event.



### Earth Day Event

Thank you for celebrating Earth Day with us. Tenants played games to win prizes and learned more about current sustainability programs in place at /SFC.

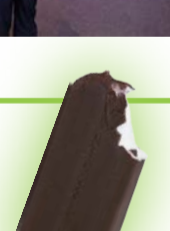
For the latest Sustainability scorecard for 18 York, click [here](#).



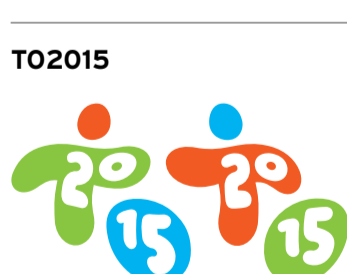
## Upcoming Events

### Ice Cream Day

Join us in June as we welcome summer 2015! Details coming soon.



### TO2015



The TORONTO 2015 Pan Am/Parapan Am Games will be the largest international multi-sport event Canada has ever hosted. More than 10,000 athletes from 41 countries and territories will compete in 51 sports at more than 30 competition venues spread across 16 municipalities in Toronto and the Greater Golden Horseshoe region.

The Pan Am Games will take place from July 10 to 26 and the Parapan Am Games from August 7 to 15.

We will continue to send out Tenant Advisories as more information becomes available regarding events and possible street closure during the Games. To assist tenants in keeping their business moving, plan ahead using [this handy guide](#) prepared by the Ministry of Transportation's Pan Am/Parapan Am Games Branch.

### North Feature Wall

We are pleased to announce decorative enhancements to the north wall of the second floor PATH. During the installation period, hoarding will be erected and extended as the work proceeds. Installation work will commence on the east side of 18 York Street during early May and is scheduled to conclude by mid-August at Delta Toronto.

