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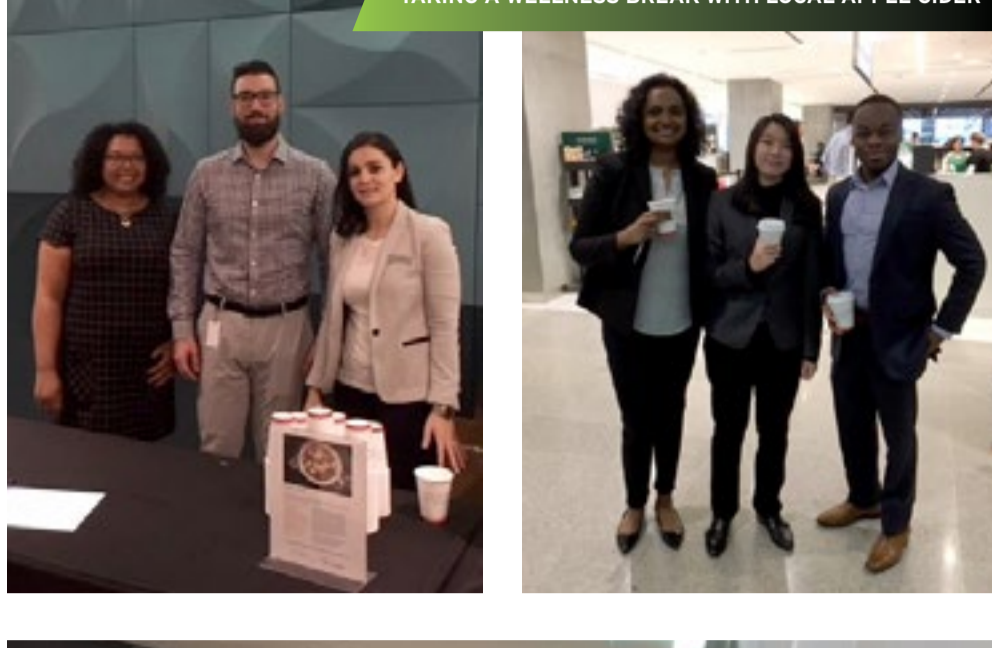
Happy New Year / Afternoon Wellness Break / Toy Drive / With Glowing Hearts / Green Council Returns / EnWave Tour / WWF #LessSalty / Sweater Day / Meditation Clinic / Upcoming Events

Happy New Year

Happy New Year from QuadReal and the Southcore Financial Centre Property Management team! We hope the holidays were joyous and we're thrilled to welcome everyone back for a great start to 2018. In this issue of our VIBE newsletter, you'll find a recap of some of last year's event highlights, and invitations to join us in exciting, upcoming events like our meditation clinic at the /SFC Fitness Club. Throughout the upcoming months, read on to learn more about the Complex and the latest happenings in our community as we continue to serve you with pride.

Afternoon Wellness Break

This past November, tenants joined the /SFC Property Management team for an afternoon wellness break with warm, local apple cider and live music in the PATH. We also hosted a seminar on the topic of staying healthy during the holiday season, and tenants were encouraged to bring their own reusable mug for a chance to win prizes!



Toy Drive

Thank you to everyone who participated in /SFC's inaugural toy drive that was held December 4 to 18! With the help of our tenants and visitors, we received an impressive number of toy donations in support of the Toronto Firefighters Toy Drive, helping bring joy to many children this past holiday season.



With Glowing Hearts

It was with great pleasure that the /SFC Property Management team hosted "With Glowing Hearts," our Canadian-themed tenant holiday event that took place in December. Tenants were treated to a delicious assortment of hand-painted truffles, Nanaimo and candy cane flavoured macaroons, and chocolate barks. Tenants also enjoyed live entertainment featuring a caroling choir and a festive selfie booth! What a terrific way to culminate a memorable year of Canada 150.



Green Scene

The Green Council Returns!

We are pleased to welcome back /SFC's tenant Green Council! Our next meeting is scheduled for January 24, 2018 at 10:00 a.m.

The Green Council is composed of /SFC tenant representatives wishing to engage on sustainability and wellness topics related to the property. In this first meeting of the year, the /SFC Sustainability Manager will provide an overview of the year ahead.

Meetings are kept informal and provide an opportunity for a group discussion about current and future sustainability initiatives.

Interested in learning more? Email Meirav Even-Har at SFC-sustainability@quadreal.com

Tour Recap: EnWave Deep Lake Water Cooling Facility

On November 2, 2017 a group of /SFC tenants joined a morning tour hosted by EnWave at their Deep Lake Water Cooling John Street Pumping Facility, across from the Rogers Centre. The tour included a discussion about EnWave's clean technology, as well as a walk through the chiller floor, piping gallery and heat exchanger floor.

The Property Management team would like to thank those who were able to join us for the tour.

If you have an idea of interesting sustainable technology facilities for potential tours, email Meirav Even-Har at SFC-sustainability@quadreal.com.



/SFC Partners with WWF-Canada to Make Lake Ontario Waters Less Salty

Southcore is taking a lead on the issue of road salt affecting fresh waters by becoming one of the first pilot sites in Canada to participate in WWF's Less Salty campaign.

According to a recent WWF-Canada Watershed Report, road salt is having a devastating impact on the freshwater ecosystems of the Great Lakes. Road salt from homes and businesses dissolves in water and flows into our waterways through sewers. Researchers have recorded extremely high salt levels in ground and surface water dangerous to ecosystem health including wildlife.

Although /SFC uses environmentally friendly solutions to melt snow, we think there is room to grow our knowledge and set an example in the industry. Part of the pilot will include the launch of a tenant communications program on the danger of road salts to our waterways. Stay tuned to see information on our website southcore.ca/sustainability as well as elevator screens and digital kiosks.

Share your thoughts with us at SFC-sustainability@quadreal.com.

Wear a Sweater and Snap a Photo for a Chance to Win!

National Sweater Day is fast approaching and with the recent snowy weather, wearing a cozy knit makes for an easy wardrobe choice. On February 1, 2018 organizations across Canada will participate in Sweater Day to raise awareness about energy use and climate change by wearing a sweater and lowering the temperature at work and home.

Wondering how you can participate?

It's simple! On Thursday, February 1, 2018 wear a sweater and snap a picture in the PATH in front of the /SFC screen. Individual selfies qualify for one of ten \$20 coffee cards, while group selfies are entered into a prize draw for a group pizza lunch (value of \$200). Send your photos by 5 p.m. to SFC-sustainability@quadreal.com

Happy Sweater Day from /SFC's QuadReal team!



/SFC Fitness Club Update

Join an Upcoming Meditation Clinic and Get to Know the /SFC Fitness Club

Starting the New Year on a healthy path is made easy with the /SFC Fitness Club. Conveniently located on the third floor of 120 Bremner, the /SFC Fitness Club makes fitting in your workouts easy.

Curious about the Club? Come by for a complimentary Meditation Clinic on January 30, 2017 at 11:00 am to learn some meditation techniques to help combat day-to-day pressures. Register for the clinic by phone at **416-607-5930** or email us at SFCinfo@trifit.com.

/SFC's Fitness Club is more than a gym, it is an integral part of the /SFC community. Visit southcore.ca/fitness to access complimentary resources including healthy recipes and wellness tips. Simply scroll your mouse icon over "fitness" and select "monthly wellness resources." /SFC tenants are also welcome to speak with staff about membership and other services available exclusively to them.

Upcoming Events

Valentine's Day - February 14, Details to follow

Earth Hour - March 24, 2018 from 8:30 to 9:30 pm