

Happy New Year / Introducing Dezie St. Hilaire / Honey Harvest / Waste Reduction Week / A Look Back at Q4 2018 / New Retail Signage / Green Scene / Tri Fit / Upcoming Events /

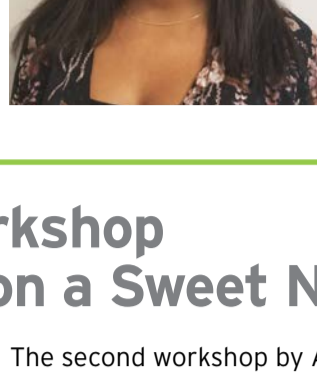
Happy New Year

On behalf of QuadReal and the Southcore Financial Centre team, we wish you a Happy New Year and are delighted to welcome back our tenants for a fantastic start to 2019. With much accomplished in 2018 and much in store for the new year, read on to learn more about some of last year's highlights and this year's latest happenings as we continue to serve you with pride.

Chris Tiessen, Senior Property Manager



Introducing Dezie St. Hilaire



We are pleased to introduce Dezie St. Hilaire, a new member to the /SFC Property Management team. Dezie has joined us in the role of Receptionist/ Administrative Assistant and brings with her several years of customer service experience which, coupled with her pleasant and friendly demeanour, will make her a valuable addition to the team. Please join us in welcoming Dezie to Southcore Financial Centre and should you see her, please feel free to say hello.

Honey Harvest Workshop Ends Hive Season on a Sweet Note

The second workshop by Alveole, /SFC's beekeeping partner, focused on honey harvest just in time for fall. On September 25, participants learned about the wellness properties of honey, the incredible world of bees and of course, were tasked with honey extraction.

Workshop participants learned to uncap honey combs, spin the manual honey extractor and bottle the liquid gold. The event concluded with a personal jar of honey gifted to each participant.

/SFC is proud to host five beehives that remain on the third-floor terrace of the Bremner Tower all year long. During the winter season, all hives are covered to ensure the honeybees are warm. In April, beekeepers will visit the site and prepare the hive for warmer weather when nectar and pollen is once again collected.

To learn more about the /SFC hives and find out about upcoming workshops, visit Southcore.ca/Beehives.



Waste Reduction Week 2018 Invited the Community to Rethink Waste



ReTHINK WASTE: reALIZE rePURPOSE reSPOND

The week-long educational exhibit held from October 15 to 19 in the /SFC PATH invited visitors to learn about 10 consumer goods - from apparel to toys to daily necessities - and how they enable us to rethink waste. Participants were invited to complete a short online quiz that tested their knowledge on the environmental footprint related to consumerism, and all entries were included in a complimentary draw for some of the unique items on display.

Congratulations to the winners who took home a variety of prizes, including the Adidas Parley shoes! To learn more and download a booklet based on the exhibit, including the quiz, visit Southcore.ca/WRW2018.

Textile Recycling Collection Drive

In support of Partners in Project Green and Diabetes Canada, /SFC joined the annual Recycling Collection Drive in the spirit of reuse for a good cause. All clothing and household textiles such as tea towels and table cloths were collected by Diabetes Canada for sale at Value Village. Funds from the sale allows Diabetes Canada to fund its mission, while reducing the number of clothes that ultimately end up in landfill.

Thank you to all who participated. The /SFC community diverted 338 kg of clothing for reuse!

A Look Back at Q4 2018

Food Drive

From September 17 to September 28, the /SFC Property Management team hosted a food drive in support of Second Harvest Food Rescue. During the drive, non-perishable, canned and packaged foods were donated and distributed just in time for the Thanksgiving holiday.

We would like to thank all those who donated to this very important cause.

TOBY/COE Celebration

During the week of November 19, /SFC celebrated its TOBY and Certificate of Excellence awards with two life-sized installations that highlighted the notable achievements earned by the complex. Tenants also joined the Property Management team in celebrating by enjoying complimentary /SFC-branded cookies.

Shoebox Project

Many thanks to all our tenants who joined Tri Fit and /SFC in participating in the Shoebox Project! Founded in 2011, the Shoebox Project is a registered charity that collects gifts of personal care products and little luxuries, packaged in shoeboxes, and delivers them to women in shelters across the country for the holiday season. Together, we well surpassed our goal of 2,500 shoeboxes and collected 4,033 shoeboxes, which will service the needs of women housed in shelters in the GTA and surrounding regions. This represents a 38% increase from 2017!

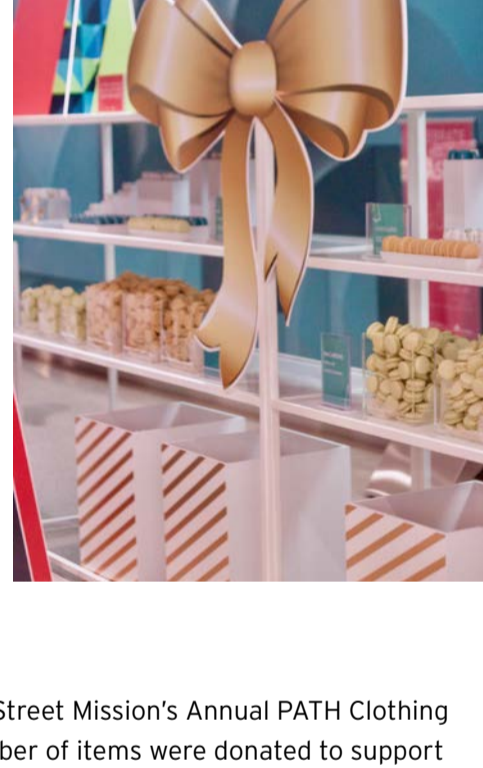


Toy Drive

/SFC's Annual Holiday Toy Drive in support of the Toronto Fire Fighters' Toy Drive was a great success this past December. With the help of our tenants and visitors, we received an overwhelming number of toy donations, helping to bring joy to many families during Christmastime.

Tenant Holiday Event

The /SFC Property Management team was thrilled to host our annual tenant holiday event and to celebrate the holiday season with our tenants on December 4! With festive live music, live art by local illustrators and complimentary treats and beverages, the event was one for the books. Thank you to everyone who joined us.



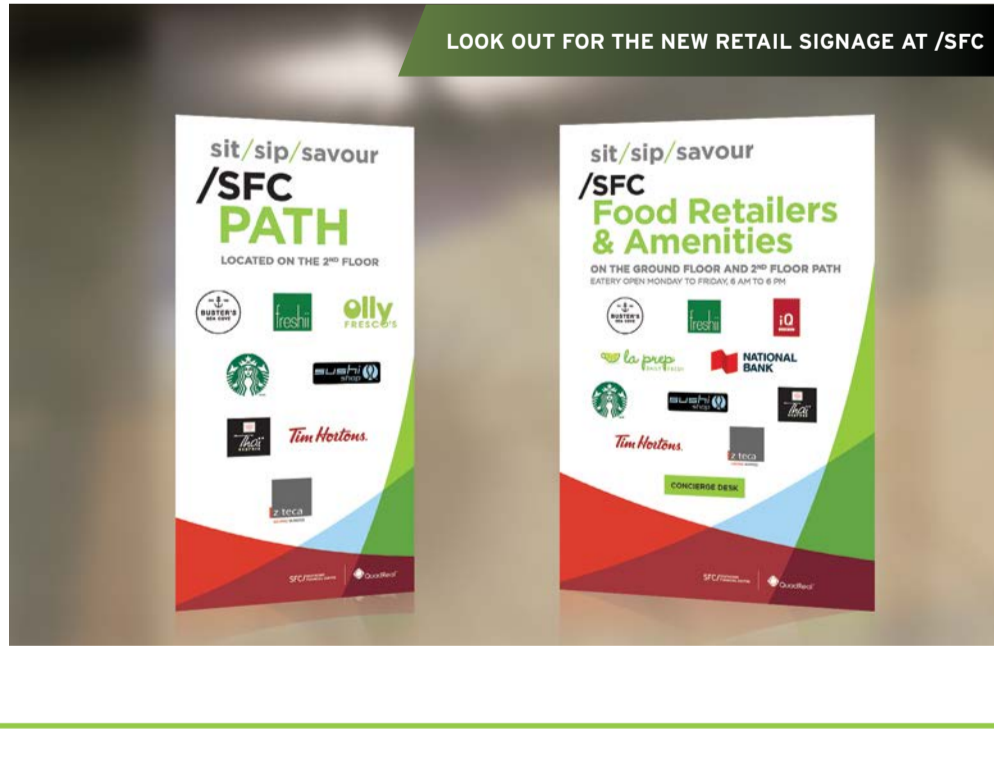
YSM PATH Clothing Drive

/SFC was pleased to participate in Yonge Street Mission's Annual PATH Clothing Drive this January. An overwhelming number of items were donated to support Yonge Street Mission's Overtake Thrift Store, a community training and employment initiative for newcomers to Canada and those who may face obstacles finding employment. With the help of our tenants and the community, we are one step closer to the goal of helping people who live in poverty build stronger futures and work their way out of poverty.



New Retail Signage

Looking for a bite to eat or for one of the Concierge Desks at /SFC? If you haven't seen them yet, /SFC has introduced new retail signage in the York and Bremner lobbies, the /SFC PATH and the parking vestibules highlighting the /SFC Eatery, amenities and retail in the complex.



Green Scene

Five Resolutions for a Green 2019

The new year is a perfect time to start practicing good habits and that can include lowering our environmental footprint. Here are five ways we can each reduce our impact on the environment.

- Reduce plastics from daily use:** This can include asking for no cutlery when ordering take-out to eat at home. If you buy bottled water, consider a home water cooler or simply drinking tap water. Installing a filter at home is also an easy and plastic-free solution.
- Join the Meatless Mondays movement:** This global initiative to reduce meat consumption is easy and helps grow Ontario's green economy. From livestock production to meat processing plants, the industry's footprint is both significant and growing. Choosing to eat a vegetarian meal once a week is a great way to instill a healthy and sustainable habit. To learn more and for recipes, [click here](#).
- Buy second-hand clothes:** From the textile production to clothing's end of life, each shirt, pair of pants or skirt carries a large energy and water footprint. Make a difference by choosing second-hand vintage clothing. It could save you money and give a second life to beautiful garments. For other tips to reduce your fashion footprint, [click here](#).
- Become an energy saver:** We can all reduce our energy use by unplugging chargers and unused electronics. Another way to save on energy is to dress for the weather during winter and reduce the thermostat by a degree or two. For more tips on how to become an energy saver, [click here](#).
- Recycle your e-waste:** When electronic and electric waste is landfilled, toxic chemicals are released into the environment. Instead, recycling e-waste is easy and helps grow Ontario's green economy. Simply bring your e-waste to work for recycling. Cell phones, batteries and toner cartridges can be dropped off at our special bins located in the PATH near the 18 York Street escalators. For more information about our e-waste program, email SFC-Sustainability@quadreal.com.

Have another idea you would like to share? Email SFC-Sustainability@quadreal.com and we may post it in our next issue of the VIBE!



Tri Fit

Your workout is just an elevator ride away at the /SFC Fitness Club. Conveniently located on the third floor of 120 Bremner, The /SFC Fitness Club makes fitting in your workouts easy.

To learn more about the club, visit www.southcore.ca/fitness.

For a one-week free trial, contact the club at stcinfo@trifit.com or 416-607-5930.

Upcoming Events

- February 7 - Sweater Day
- February 14 - Valentine's Day Celebration
- February 20 - Complimentary Yoga Class for /SFC Tenants
- March 30 - Earth Hour